

Right Of Way: Engineer Stabs Man To Death, Injures Friend

AYA NAGAR: Accused Arrested, Claimed He Was Slapped

TIMES NEWS NETWORK

New Delhi: In an apparent case of road rage, a software engineer was arrested on Friday for allegedly stabbing a man to death and injuring his friend during a parking and right-of-way dispute in south Delhi's Aya Nagar.

Police said they received information about the incident on Feb 20 from Haryana Police, who reported that one person had been declared dead on arrival and another admitted with stab injuries at a Gurgaon hospital. Since the crime took place in Aya Nagar, Delhi Police took over the investigation.

A preliminary probe found that the two men were

The injured were taken to a hospital in Gurgaon, where one of them — Sandeep Lohia, 38 — died. His friend, Rishi, suffered stab wounds and is undergoing treatment

turning late at night from a DJ function in Dera village. Around midnight, near Ganpati Garden in Aya Nagar, they encountered a car allegedly parked in a manner that blocked their path. The men, travelling in a mini-truck carrying DJ equipment, asked the driver to move his vehicle. "The car driver said they could pass, but the truck driver insisted there

was not enough space," an officer said.

An argument broke out between the two sides over the parking position and right of way. According to police, the altercation escalated and the car driver allegedly pulled out a knife and attacked both men.

The injured were taken to a hospital in Gurgaon, where one of them — identified as Sandeep Lohia, 38 — died. His friend, Rishi, suffered stab wounds and is undergoing treatment. Police said he is stable and out of danger.

Investigators launched a search for the car driver. The accused, identified as Ravi, 32, a resident of Sonipat, was arrested. Police said he

works as an engineer at a private company in Gurgaon and had reportedly come to Aya Nagar to attend a wedding. "The accused claimed he was slapped, which prompted him to take out the knife. We are verifying his statement," police added.

The investigators said they suspect the accused may have been under the influence of alcohol at the time. "His blood sample has been sent for examination," an officer said. The knife allegedly used in the attack has been seized.

A case has been registered under Sections 103(1) (murder) and 109(1) (attempt to murder) of the Bharatiya Nyaya Sanhita at Fatehpur Beri police station.

Bar council election triggers traffic jams around India Gate and on Mathura Road

TIMES NEWS NETWORK

New Delhi: The Bar Council of Delhi (BCD) elections began on Saturday, drawing a large turnout of advocates to the Delhi High Court complex and leading to heavy traffic movement, particularly around India Gate and on Mathura Road. Long queues of cars lined the stretches near the high court and surrounding roads in central Delhi.

Visuals from the area showed lawyers in their trademark black coats and white shirts walking in groups, while many vehicles were seen parked along the roadside, worsening the congestion. Some commuters took to social media to flag the chaos. "Massive traffic jam around India Gate, Patiala House, Hon'ble Supreme Court of India and Delhi High Court just because of the Bar Council of Delhi election," one user posted.

Anticipating a high turnout, Delhi Traffic Police has issued a detailed advisory. The polling for 25 members of the council is being held inside the high court comp-



While designated parking was arranged at the zoo parking and gate no. 5A of National Stadium, many voters parked along the roadside

lex from 9am to 6pm on Feb 21, 22 and 23.

Shershah Road was closed from the India Gate and Mathura Road sides during the polling hours. Around 40 vehicles were towed and several challans were issued on Saturday, sources said, as police enforced no-parking norms and diversions across key junctions in the area.

Several arterial roads were listed as stretches to avoid during the three-day period, including Tilak Marg, C-Hexagon near India Gate, Zakir Hussain Marg, Shershah Road and Purana Qila Road. Diversions are in place at key junctions such as Tilak Marg-Bhagwan Dass Road, Purana Qila Road-Mathura Road and Shershah Road-Mathura Road.

While designated parking was arranged at the zoo parking and gate no. 5A of National Stadium, many voters parked along the roadside. "Drivers also have a responsibility to use the authorised parking areas, and we urge everyone to park only at the designated spots," said a police officer.

When cleanliness turns compulsive, and takes a toll on the marriage

To help readers cope with their anxieties in these stressful times, TOI's Talk it Out series brings expert counsellors to answer your mental health queries. This week's advice is from rehabilitation psychologist Moumita Ganguly

I am a 62-year-old retiree from Jaipur living with my wife, who is illiterate and of the same age. Our children are married and settled in other cities. Lately, her obsession with cleanliness has become unbearable. If a visitor sits on our sofa or chair, she washes the sofa cover and cleans the chairs. Even if a newspaper is kept on the bed or sofa, the covers are washed. While she religiously does her daily mopping, I have to sit at one place. A single step from the unclean to the clean area makes her shout till I apologise. If I argue, it gets worse. I love meeting people but she always wants me to be home. If I go out, she washes my clothes when I come back and abuses me about it. She asks me where I'm going and when I'll be back, and then phones me to come home early. She wants to go out with me but when I take her out, she embarrasses me by quarrelling about small things in front of friends. If I avoid going out with her, she quarrels about that too. She never speaks nicely to me, but wants me to wear clothes she suggests or eat food she likes. If I argue or try to explain where she's going wrong, she starts weeping and threatens suicide. She refuses to accept that she has a mental issue, and doesn't want to go to a doctor or take medicines. My life has become hell. I feel like fleeing home or dying. What do I do?



your general practitioner, in case they can help. At the same time, you can calmly encourage your partner to seek professional help. If she is not ready to consult, you go ahead for counselling sessions as it is very important to improve your quality of life. There are several helplines you can connect with if you feel suicidal and helpless. But it's best to connect with a professional who can guide you on how to secure your own mental health.

I'm a 21-year-old girl from a middle-class family in Kolkata. I completed my graduation in humanities this year. I like to read and write, and am curious about many things. But my parents insist I must do something that makes money, or they would get me married off. I told them I want to sit for civil services exams like UPSC. But I feel stressed out as I don't have a plan B. What should I do?

There are several options through which you can earn money while studying for your exams. You just need to maintain a good routine so that you can focus on both properly. You can borrow some time from your parents by telling them that you would prepare for UPSC full-time for 18 months. If you don't clear the prelims by then, tell them you would enroll in an MA course and start part-time tuition or join a private job. That way, you can postpone their plans of marrying you off. Meanwhile, you can also go for counselling sessions with your parents to manage the stress, or practice relaxation techniques such as deep-breathing exercises. For better understanding of your mental health, you should reach out to a professional.

I have always been indecisive and often end up making a wrong choice that leaves me with pain and regret but no solution. I've

lost many opportunities just because I misjudged the situation or doubted my abilities. While making decisions or choices, be it trivial or important, I let my negative thoughts take over and sometimes don't have the courage to make the tougher choice, even though I know it would benefit me later on. I'm in my early 20s and it scares me to think how I would handle things in future. How do I overcome regret, learn to forgive myself, think clearly and make the right decisions? Please help.

— Anonymous

Thank you for sharing your honest feelings. People make right and wrong decisions. The important thing is to learn from previous incidents and move on. Wrong decisions taken in the past can be made right through hard work and perseverance. Your self-confidence and unwavering dedication towards your goal can make things better. Use a three-question rule while making any choice:

- 1) What outcome do I want?
- 2) The biggest risk if things go wrong?
- 3) What is one small step that moves me toward the desired outcome?

If you can answer these, choose the option that best supports the step. You can also think about a particular decision, maintain it for two weeks and see how it's going. You can always learn and change your decision later. Do not always run behind the 'right decision'. Sometimes, also try to turn the wrong decision into the right one. Once again, only hard work and perseverance can help you forgive yourself and overcome regret. If you are misjudging the situation again and again despite these pointers, seek professional help.

If you need counselling, please contact the following helplines

- > Aasa +91-9820466726 (24x7)
- > Cooj +91 9822562522 (Mon-Fri, 1-7pm)
- > iCall +91 9152987821 (Mon-Sat, 10am-8pm)
- > Fortis +91 8376804102 (24x7)
- > Kiran 1800-599-0019 (24x7)
- > Sumaitri +91 9315767849 (12.30-5pm)
- > Saath +91 7926305544 (1-7pm)
- > Sneha +91 44 24640050 (10am-7pm)
- > Vandrevala Foundation 18602662345, +91 7304599836 (24x7)
- > Sanjivini Society 01140769002, 01141092787 (Mon-Fri, 10-5.30pm)



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- 18.02.2026 Programme for Senior Citizens across Delhi
- 19.02.2026 Engagement with RWA's & MWA's
- Rural Sports/Eyes & Ears/Pradhan Meet across Delhi
- 20.02.2026 Mega Exhibition at Central Park, CP, Delhi from 20 to 23 Feb., 2026
- Kavi Sammelan at Red Fort, Delhi (6.30 PM Onwards)
- 21.02.2026 Mass Outreach Programme in each Police Station across Delhi
- Mass Awareness Programme against Drugs Abuse: Musical Evening Programme at Amphitheatre, Central Park, CP, Delhi (Evening)

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